



### Private Skating Lessons

Private lessons are available to any skater seeking individual instruction. Once you choose an instructor, you and the instructor will determine the length and fee of the lesson. Instructors are available for all levels and ages of skaters. Private instruction is helpful for skaters who wish to master a particular skill or advance more quickly through the class levels and/or participate in competitions and US Figure Skating testing. Skaters often take lessons in addition to group lessons starting from the age of four and up. If you have any questions or need advise please contact Jamey Gaster, Figure Skating Director, at 919-644-0339 or [jgaster@trianglesportsplex.com](mailto:jgaster@trianglesportsplex.com)



## Triangle SportsPlex 10 Week Learn to Skate

Tuesdays 4:00-4:30 pm

March 2- May 4

Thursdays 5:45-6:15 pm

March 4- May 6

Saturdays 12:15-12:45 pm and 12:45-1:15 pm\*

March 13- May 22\*\*

\***March 13-** Class begins at 1:00 and 1:30 pm

\*\*No class April 10



Triangle SportsPlex  
101 Meadowlands Dr.  
Hillsborough, NC 27278  
[www.trianglesportsplex.com](http://www.trianglesportsplex.com)

## Skate School Tips



- Please arrive at least 15 minutes prior to the beginning of class.
- Bike helmets are strongly recommended for Snowplow Sam- Basic 2
- Dress warmly. Don't forget your gloves or mittens.

*It's Great to Skate!*

### **What's the next step for my skater?**

### **The Bridge Program**

The Triangle SportsPlex will offer this comprehensive program in April for seven weeks. The bridge program is designed to introduce skaters to all of the figure skating disciplines. There is also a weekly parent's education class to provide more information about the sport, from proper fitting boots to competitions and testing opportunities.

The Bridge Program is open to Basic 3- Freeskate 6, no-test and pre-preliminary and preliminary level skaters. Classes will be divided into groups with similar skill levels. For more information, please contact Jame Gaster at 919-644-0339.

## Skate School Registration

Name: \_\_\_\_\_

DOB \_\_\_\_\_ Age \_\_\_\_\_ Male/Female

Address \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Phone# \_\_\_\_\_

Current Email \_\_\_\_\_

Emergency Name \_\_\_\_\_ Phone \_\_\_\_\_

Please check day and level

Tuesday 4:00-4:30 pm  Thursday 5:45-6:15 pm

Saturday 12:15-12:45 pm  Saturday 12:45-1:15 pm

Snowplow Sam 1 2 3 Basic 1 2 3 4 5 6 7 8

Freeskate 1 2 3 4 5 6 Adult 1 2 3 4

**Fee\$150**

Upon entering any program sponsored by the Triangle SportsPlex, you voluntarily and knowingly accept and assume all risks and release and hold harmless Recreation Factory Partners, LLC dba, Triangle SportsPlex, its affiliates, their sponsors and officials from any liability therefore. Participant's parent(s)/guardian(s) agrees to release and hold harmless Recreation Factory Partners, LLC dba, Triangle SportsPlex of all claims or causes of action by whomever or wherever made or presented for participants injury, property damage wrongful death.

Signature: \_\_\_\_\_ (parent/  
guardian)

Date: \_\_\_\_\_